

Pembroke Diocesan Council of the Catholic Women's League of Canada
Spring Meeting, Mar 4, 2023, Oral Report
Margaret Maloney, Spiritual Development Chair

The Ontario Provincial Council Committee for Spiritual Development encourages us during this season of Lent by sharing quotations for us to ponder. Two I will share today: Saint Rose of Lima: "Apart from the cross there is no other ladder by which we may go to heaven".

Saint Francis of Sales: "Have patience with all things, but first with yourself".
Personally, I find these motivating and consoling as we celebrate Lent.

The Spiritual Development committee also shared with us a personal reflection by Bernadette Burgess which I will share with you now. It is an encouragement to pray the Stations of the Cross during Lent.

"Lent for me is a season of quiet waiting and introspection amidst all the daily noise that life brings. The season provides me the opportunity to refocus my attention on the cross and the crucified Christ. I actively take part in the Stations of the Cross, taking time to 'pray' the Stations. There are many versions of the Stations of the Cross that can speak to each of us. It is a devotion that can change your life each time you take an active role in praying the Stations. I pray the Stations for a particular intention- there is someone every day that needs my prayers. As I arrive at Holy Week, I am so excited to take an active part in all the liturgies leading up to the fullness of our faith- Our Lord's Resurrection."

Thanks to Bernadette!

Respectfully submitted, Margaret Maloney